

- LIVING YOUR BEST LIFE — OPTIMIZING RETIREMENT OPPORTUNITIES

Who: NYSUT Retiree Members in Long Island Retiree Councils 17-23, 39, 40-42

When: Tuesday, October 17, 2023

Where: Marriott Melville, 1350 Walt Whitman Road, Melville NY 11747

Cost: \$48

Conference Schedule

8:30 am Registration/Continental Breakfast/Benefits and Information Display
9:15 am Welcome: Claire Zatorski, NYSUT Nassau Retiree Services Consultant

James Kinnier, NYSUT Suffolk Retiree Services Consultant

9:30 am Speakers: **Ron Gross**, NYSUT Second Vice-President

Florence McCue, Director At-Large, EDs 51-53

Matt Jacobs and Peter Verdon, LI Regional Staff Directors

10:45 am - **11:30** am *Breakout Session I*

Seminar A The ABCs of Medicare - DeniseAnn Passarelli and Maryflorence Brennan, presenters

Seminar B Financial Crimes and Elder Financial Exploitation: Evalina Robinson, presenter

Seminar C Elder Law and Asset Protection- Steve Kramer, presenter

Seminar D NYSUT Peer Support Line: A Resource for Members and their Families - Joe Mangini, presenter

11:45 am - 12:30 pm *Breakout Session II*

Seminar A **Traveling with Your Smartphone: Tips and Tricks** - Richie Levitan, presenter

Seminar B **Keeping Your Brain Young As You Age -** Emma Olivia Kaye and Cynthia Vardaro, presenters
Seminar C **Ten Diet & Exercise Tips for Extra Credit in your Golden Years -** Peggy Kraus, presenter

Seminar D Offshore Winds - Why Should We Transition to Renewable Energy? - Adrienne Esposito, presenter

12:30 pm - 2:30 pm Lunch: Choice of Chicken Francese or Glazed Salmon

(special dietary needs may be noted on registration form)

Legacy Fund Recognition/Honorees

Keynote Speaker: Melinda Person, NYSUT President

Conference wrap-up, evaluations, raffles

CONFERENCE REGISTRATION DEADLINE: OCTOBER 6, 2023

All registration must be done online through the registration link below. **There will be no registration at the door**.

Registration link:

nysut.cc/RC-17-18and19-2023

If you have any problems with registration, contact your Retiree Services Consultant: Claire Zatorski (Nassau): 516-496-2035; Jim Kinnier, Suffolk: 631-273-8822

Special note: If you are in need of any accommodations as per the Americans with Disabilities Act please refer to information in the online link.